

# PERSONAL LEARNING PLAN

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## ISTE STANDARDS

2.3.c Model Safe, Legal, Ethical Practices

2.4.d Empower Community to Support Students

2.5.c Innovative Learning Environments

## GOALS

- 1.) Model and reinforce safe and ethical digital practices by ensuring all trainee information, assessments, and communications are stored and shared using secure platforms, and by educating students on protecting their own digital identities in blended learning environments.
- 2.) Create a community engagement initiative that invites families and local stakeholders to participate in lifeguard training awareness, building trust and cultural responsiveness in support of student learning and safety.
- 3.) Develop a blended learning environment for lifeguard certification courses by integrating digital tools (such as virtual simulations, rescue scenario games, and interactive CPR assessments) to enhance hands-on skills and increase engagement and retention among diverse learners.

## WHAT I WILL DO

- Use secure, privacy-compliant platforms to manage student records and communication.
- Teach students about digital safety and responsible tech use during training.
- Involve families and community members through events or informational sessions.
- Provide culturally inclusive materials and communication to engage all learners.
- Incorporate digital tools like videos, simulations, and quizzes into your training.
- Gather feedback from students to improve and adapt your digital learning environment.

## FOLLOW, WATCH, LISTEN

- OnEducation Podcast – discussions about education, edtech trends, policies, and classroom practice.
- YouTube playlists via ISTE – e.g. videos on how to teach digital citizenship, media literacy, and safe/ethical practices in educational settings.
- Pool Nation Podcast – Water Safety & Drowning Prevention – Interviews with advocates and field experts about prevention, community engagement, and safety practices.
- FLOAT Group – Comprehensive Water Safety Education – Programs that include hazard recognition, life jacket use, buddy systems, and rescue techniques.

Not only can I follow these, but I can also provide QR codes and flyers for my lifeguards and members of the public to access

[www.thelifeguardhistorian.org](http://www.thelifeguardhistorian.org)

